



BIATHLON ORIENTEERING FINNISH AND FINNISH MILITARY FEDERATION CHAMPIONSHIP

WORLD CUP 3RD AND 4RD COMPETITION

Friday 9th of May Sprint

Program

at 16.00 -17.00 Zeroing

at 17.00-17.10 Opening ceremony

at 17.10 Demonstration of the activities on the shooting place

at 17.15-17.45 Zeroing continues

at 18.00 first start

at 20.00 All at finish

Victory ceremony right after the result of the competition category is ready.

Saturdayday 10th of May Classic, massstart

Program

at 9.00 -10.45 Zeroing

at 10.45 Demonstration of the activities on the shooting place

at 11.00 first massstart

at 13.00 All at finish

Victory ceremony right after the result of the competition category is ready.

Organisation

Competition Leader Teemu Hauhia
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Shooting Jussi Mattila

Orienteering Jaakko Istolahti

Time and results Arto Puro-Aho

Jyry:

Chairman Kalle Virtanen

Competition Leader Teemu Hauhia

member(competitor) Mikko Hölsö

Competition centre

Jouppilanvuori Biathlon Stadium in Seinäjoki

Competition office

Competition office is open in the competition centre:

9.5. at 15.00-20.00

10.5. at 08.00-14.00

Rental EMIT-cards are available in the competition office.
Unreturned EMIT card will be charged 70 euros.

Service

Changing rooms and washing facilities are reserved for the competitor at the Jouppi Ice skating center. [The way to the](#)

[Ice skating center](#) is also marked from the competition center.

There is also a cafeteria at the competition center.

First aid station is located in the competition center.

Traffic

Guidance towards to the competition center starts in the center of Seinäjoki from traffic circle on road called Suupohjantie and from the road called Huhtalantie.

The address of the competition center is Jouppilanvuorentie 85, Seinäjoki

Locations

Every event that is taking place in the sport centre is marked to the modelmap.

Competition area starts immediately from the biathlon stadium. On Fridays sprint competition you are allowed to warm up only on the marked warm up area near by start.

Weapon inspection

Weapons will be controlled occasionally.

according to the international rules, the carrying harness must take of before competition.

Insurance

Every competitor must have their own insurance coverage. Competition organizer does not take any responsible of the insurance coverage of the competitors.

Zeroing

Rifle zeroing on Friday at 16.00 -17.00 and 17.15-17.45 and on Saturdayday at 9.00 -10.45. The leader of shooting leads the shooting. The zeroing lanes has been allocated according to the teams. One spot/competitor. During zeroing it is

forbidden to visit the targets. It is recommended to use own telescopes. After zeroing shooting weapons must be carried to the weapon stands and placed according to the competition number.

Competition numbers

Competitors use the same number on both competitions. Race numbers can be retrieved in the competition center. Check your number from the start list. Race numbers will be collected back on the second day at the finish. Unreturned number will result in a fee of 50 euros.

SPRINT COMPETITION 9.5.

Map, EMIT cards and competition material

Map 1:5 000, curve space 2,5m,

The map is in the plastic guard.

Check the number of the EMIT card from the start list. The rental cards can be retrieved from the competition office.

Control descriptions are only in the map.

At the competition centre there is a model control and stamp 0 in which the functionality of the EMIT card can be checked.

Warm up area

Competition area starts immediately from the biathlon stadium. On Fridays sprint competition you are allowed to warm up only on the marked warm up area near by start.

Course distances(km) All courses include approximately 400 meters of signposting.

H21 4,2 D21 3,7

H35 4,2	D35 2,9
H40 3,7	D40 2,9
H45 3,7	D45 2,9
H50 3,7	D50 2,6
H55 2,9	D55 2,6
H60 2,6	D70 2,5
H65 2,6	D20 2,9
H70 2,5	D18 2,9
H20 4,2	D16 2,6
H18 3,7	D14 2,5
H16 2,9	
H14 2,5	

Start

Start located 900 meters from the competition center. The way to the start is marked with the red signposting and it must be followed. Signposting starts from the competition center. The first start is at 18.00. Starting times are listed in the competition center. Check out your starting time from the list. Competitor should be at the start 4 min before their own starting time. Start interval is 2 min in each competition class. Competitor takes the map at the start from basket marked by his/hers own competition class and runs to the start point.

Warming up is allowed only near by the start on the marked warm up area.

Shooting

First shooting is prone shooting on places 1 - 16 and second

shooting is standing shooting on places 18 - 25 (M/W14-16 prone). In both shootings competitor have five (5) rounds to hit five (5) targets. All five shots have to be fired of. The loading is done at the place of shooting not before competitor is in the shooting place. Rifles may be loaded and unloaded only with the barrel pointing in the direction of the targets.

The competitor runs from the last control of the first orienteering loop along the marked route and pick up his/hers weapon from the weapon racks. When the runners pick up his weapon from the weapon rack the weapon must be carried from the barrel and ammunition are brought along.

The officials in the shooting place will point out the shooting lane to the competitor. Competitor gives the map to the official who marks hits on the map with X-marks. Every miss means one penalty loop.

After the shooting competitor gets his/hers map back from the official and takes his/hers weapon back to the weapon rack. After that competitor runs possible penalty loops. On every penalty loop the competitor must stamp to the empty space (missed shots) on the map and finishing the penalty loops continues the race to start point and to the second orienteering loop.

Action at the second shooting (standing and in classes M/W14-16 prone) is like in the first shooting. Only difference is that after perfect shooting or after penalty loops competitor runs to the finish and punches on the finish line.

Remack!

In classes M/W14 it is allowed to use shooting stand. Supporter can in need help the competitor in carrying of the weapon and the stand to shooting place and back to the weapon rack.

Competitors can collect their weapons from weapon rack after competition so that they don` t disturb other competitors.

Penalty loop

Competors must run possible penalty loops immediately after

the shooting when they have left their weapon to weapon rack. Penalty loop starts from the end of the weapon rack. Penalty loop is 130m for the M21, M20, M35 and 100m for the others. Competitor stamps on every penalty loop on empty space behind his/hers competition map.

Orienteering

The competitors will take their own map from the map basket marked by own competition class. The competitor is responsible for taking the correct map. Competition starts with first orienteering loop. After first shooting competitor runs possible penalty loops or goes directly to the second orienteering loop. Both orienteering loops are marked on the same map. Be careful that you run loops in right order. There is no finish line marked on the map.

Running order is: start – orienteering loop 1 - prone shooting – orienteering loop 2 - standing shooting - finish

Finish

Finish line is located in the competition center near by shooting place.

At the finish the competitor punches with EMIT card and continues to the shooting/penalty loop stamping and EMIT checking.

Results

The results will be shown in the scoreboard and on website www.ykv.fi/suunnistus after they are ready. Any protest regarding the results has to be done within 15 minutes after the final results. The protest has to be delivered in paper for the leader of competition in that time.

Victory ceremony

The championship medals and honor prizes will be given when results are ready at the competition center. World Cup prizes M/W21 will be given in same contact.

M/W14 all the competitors will be given the prizes.

NORMAL DISTANCE MASSSTART 10.5.

Map, EMIT cards and competition material

Map 1:10 000, curve space 2,5m,

The map is in the plastic guard.

Check the number of the EMIT card from the start list. The rental cards can be retrieved from the competition office. Control descriptions are only in the map.

At the competition centre there is a model control and stamp 0 in which the functionality of the EMIT card can be checked.

Course distances(km) All courses include approximately 500 meters of signposting.

H21 10,8	D21 7,5
H35 7,5	D35 5,9
H40 7,5	D40 5,9
H45 7,5	D45 4,2
H50 5,9	D50 4,2
H55 5,9	D55 4,2
H60 5,9	D70 2,9
H65 4,2	D20 5,9
H70 2,9	D18 5,9
H20 10,8	D16 4,2

H18 5,9

D14 2,9

H16 5,9

H14 4,2

Start

Start is located in the competition center. The first start is at 11.00. Competitor should be at the start 5 min before their own starting time. 2 min before start competitors move behind their maps. Be sure that you are at the right place. Maps are marked by the competitor's number. 10 seconds before start you may touch the map. After the start competitor runs 200m to the start point.

Shooting

First shooting is prone shooting on places 1 - 16 and second shooting is standing shooting on places 18 - 25 (M/W14-16 prone). The loading is done at the place of shooting not before competitor is in the shooting place. Rifles may be loaded and unloaded only with the barrel pointing in the direction of the targets. In both shootings competitor has ten (10) rounds to hit ten (10) targets. After five (5) shots competitor has to announce "change/vaihto", after that official strike up the targets and competitor change the magazine and continue firing. All ten shots have to be fired off.

The competitor runs from the last control of the first orienteering loop along the marked route and pick up his/hers weapon from the weapon rack. When the runner pick up his weapon from the weapon rack the weapon must be carried from the barrel and ammunition are brought along.

The officials in the shooting place will point out the shooting lane to the competitor. Competitor gives the map to the official who marks hits on the map with X-marks. Every miss means one penalty loop.

After the shooting competitor gets his/hers map back from

the official and takes his/hers weapon back to the weapon rack. After that competitor runs possible penalty loops. On every penalty loop the competitor must stamp to the empty space (missed shots) on the map and finishing the penalty loops continues the race to start point where he/she **takes the new map** and runs to the second orienteering loop.

Action at the second shooting (standing and in classes M/W14-16 prone) is like in first shooting. Only difference is that now there is not a map change after second shooting.

Remack!

In classes M/W14 it is allowed to use shooting stand. Supporter can in need help the competitor in carrying of the weapon and the stand to shooting place and back to the weapon rack.

Competitors can collect their weapons from weapon rack after competition so that they don` t disturb other competitors.

Penalty loop

Competors must run possible penalty loops immediately after the shooting when they have left their weapon to weapon rack. Penalty loop starts from the end of the weapon rack. Penalty loop is 170m for the M21, M20, M35 and 140m for the others. Competitor punches on every penalty loop on empty space behind his/hers competition map.

Orienteering

The competitor is responsible for taking the correct map. Competition starts whit first orienteering loop. After first shooting competitor runs possible penalty loops or goes directly to the second orienteering loop. **After first shooting competitor takes new map on the way to the starting point.** The competitors will take their own map from the map stand. The maps are marked with the numbers of competitors. Second and third orienteering loop are marked on same map. Be careful that you run loops in right order.

Running order is: start – orienteering loop 1 - prone shooting - (map change) orienteering loop 2 - standing shooting –

orienteering loop 3 - finish

Finish

Finish line is located in the competition center near by shooting place.

At the finish the competitor punches with EMIT card and continues to the shooting/penalty loop stamping and EMIT checking.

In a tight situations order is decided at the finish line.

Results

The results will be shown in the scoreboard and on website <http://www.ykv.fi/suunnistus> after they are ready. Any protest regarding the results has to be done within 15 minutes after the final results. The protest has to be delivered in paper for the leader of competition in that time.

Victory ceremony

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M/W14 all the competitors will be given the prizes.